

NASHVILLE, TN

Senior Lifestyle, Health & Wellness Expo

Thursday, April 17, 2025 10:00 am to 1:00 pm Southeast Community Center

<u>Platinum Sponsors</u>



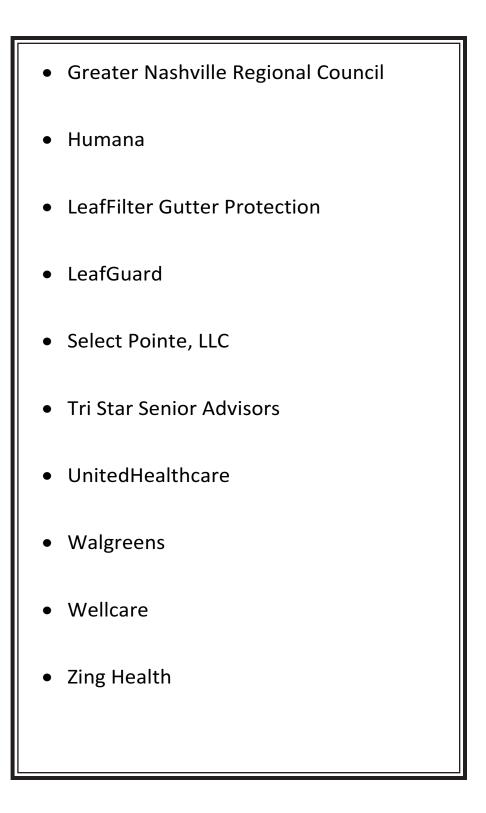


www.expo4seniors.com

Welcome to the Lifestyle, Health, and Wellness Expo.

PARTICIPATING ORGANIZATIONS:

- AARP
- The Baldwin Group
- CapTel Outreach
- CenterWell Senior Primary Care
- Champion Window
- Cigna Healthcare
- Craft Body Scan
- Devoted Health Plans
- Fifty Forward



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- FREE plan check-ups



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(859) 699-5622 (TTY: 711)

Hollye Spicer

Hollye.Spicer@baldwin.com Monday - Friday 9 am - 5 pm

baldwin.com/medicare



We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program to get information on all of your options. The Baldwin Group is not affiliated with or endorsed by Medicare or any government agency. The Baldwin Group does not discriminate based on race, color, national origin, age, disability, or sex. Calling this number will direct you to a licensed agent. No obligation to enroll. All health insurance services are the responsibility of The Baldwin Group Health Insurance, LLC, NPN 17880298 and The Baldwin Group Health Insurance II, LLC, NPN 17320005.

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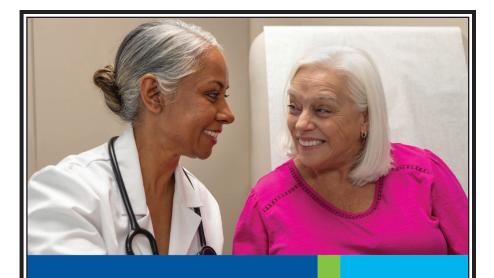
The CapTel® Captioned Telephone shows captions of everything a caller says, letting you read anything you cannot hear over the phone. People with hearing loss qualify to receive a CapTel phone at no cost — all you need is an Internet connection! Contact your local Outreach Educator to get started.



Jennifer Weallans • 248-550-6866 jennifer.weallans@oeius.org

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1 Comparison based on a study by American Public Health Association published in January 2021 that shows that the average primary care exam was 18 minutes.

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Visit, learn and leave a little wiser.

Come see us during the Senior Lifestyle Expotoday.

We have important information to share with you about your Medicare options. We can even help you understand your enrollment options. You may be eligible to enroll in a Medicare Advantage plan right away if you meet certain criteria, such as moving, retiring, losing coverage and more.

Can't stop by today? Let's talk another time.

Moniqua Ligon License Independent Agent

mligon@insurer.com 615.349.4164



We do not offer every plan available in your area. Currently we represent 8 organizations which offer 44 products in your area. Please contact Medicare.gov, 1-800-MEDICARE or your local State Health Insurance Program for help with plan choices.

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Benefits, premiums, and cost sharing may vary by plan. Devoted Health is an HMO and/or PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Devoted Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-338-6833 (TTY 711). To file a complaint with Devoted Health, call us at 1-800-338-6833 (TTY 711). To file a complaint with Medicare, call 1-800-MEDICARE (TTY 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include their name when you file your complaint. Y0142 25L240 M



The goal of **FiftyForward** is to assist adults 50+ in Middle Tennessee to live longer, more fulfilling lives through innovative programs and services.

FiftyForward operates seven centers in Davidson, Williamson and Rutherford Counties for active adults age 50 and older.

For more information, find us at Fiftyforward.org





If you know of an older adult in need, call us Monday-Friday 615-743-3416.

Looking for information? We're here to help.

The Greater Nashville Regional Council provides information and referrals to a wide range of Aging and Disability programs and services across Middle Tennessee. Learn more at GNRC.org/aging.

- ★ Free, Unbiased Medicare Information
- ★ Long-term Care for Low-Income Seniors
- **★** Caregiver Support Services
- ★ Legal Aid and Conservatorship
- ★ In-home Living Assistance and Meal Services
- **★** Transportation Services for Senior Adults

For General Information: Call 615-255-1010 or 1-866-836-6678

For Medicare Information:
Call 1-877-801-0044 or visit GNRC.org/Medicare



Language services are available to you free of charge by calling the general information numbers above. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم



This project is funded under a grant contract with the State of Tennessee. Learn more about program funding at GNRC.org.

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- Extended Care Also known as Long Term Care (LTC)
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- Social Security Strategies Married, Divorced, Single, Disabled



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