



CINCINNATI, OH

Senior Lifestyle, Health & Wellness Expo

Wednesday, April 30, 2025

10:00 am to 1:00 pm

Powel Crosley YMCA

Sponsors:



www.expo4seniors.com

PARTICIPATING ORGANIZATIONS:

- Acute Hearing
- All American Gutter Protection
- Bath Masters
- Building Character, LLC
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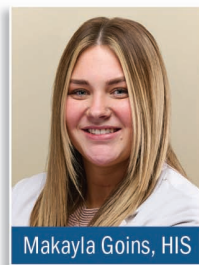
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Enrollment may be limited to specific times of the year, unless you qualify for a Special Election Period.

Benefits, premiums, and cost sharing may vary by plan. Devoted Health is an HMO and/or PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Devoted Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-338-6833 (TTY 711). To file a complaint with Devoted Health, call us at 1-800-338-6833 (TTY 711). To file a complaint with Medicare, call 1-800-MEDICARE (TTY 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include their name when you file your complaint.

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This won't be an easy road. Rehab is hard work.
But it may be the most important work of your life.

Members of your rehab team

The **medical director** of the ARU is specially trained in rehabilitation, accountable for coordinating your treatment program and overseeing your rehab team.

Rehabilitation nurses are specialists who help you with your disability and/or chronic illness so you can maintain maximum function.

Physical therapists help you improve your mobility, strength and balance. If you have a walker, cane, brace, artificial limb or other device, they'll show you how to use it safely and correctly.

Occupational therapists help you improve your everyday living skills, including bathing, dressing, eating and homemaking. They may also train you to use equipment that helps you do these things.

Speech-language pathologists work with you to improve your swallowing, communication and/or memory.

Your case manager explains the details of your stay with us. They also explore with you, your family members and/or caregivers the many changes in your life and help you plan for your needs after you go home.

In addition to these professionals, your rehab team may include a dietitian, psychologist, orthotic/prosthetic consultant and others.

Your primary care doctor may choose to follow your progress and work with the medical director to direct your medical care.



MERCYHEALTH

Anderson Hospital

Acute Rehabilitation Unit
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